

will see the powder forming on the bottom, which will look like floating debris, but it will take the entire six weeks for the powder to become black or at least darker.

- Place the flask in a dry sand bath for 2 weeks at 200F, and the powder will coagulate and become a grey salt, no longer black.
- When this happens, make sure that no more than two days pass before you change back to the lower temperature of the Balneo Mary bath. After two weeks pass, the matter will slowly redissolve into water and putrefy, again to fall out.
- Again put the flask in your sand bath, and it will form itself into a salt, which again will be even lighter than before. Repeat this cycle of placing the flask in the Balneo Mary bath and then in the sand bath, and on the fifth time, it will be snow white, and if you were to take some of it out of your flask and place it on a hot silver plate, it would melt like wax.
- But keep the flask sealed and set it back into the Balneo Mary bath to putrefy once more, and after enough time has past, a third of the salt will dissolve into the water. Now filter and set aside the salt which did not dissolve. The salt water is now the Mercury of the Philosopher's and the Alkahest, which is able to instantly dissolve all metals without violence and bring them to their highest state of perfection.
- This water can be taken at a dose of five drops, and it will increase your thinking power and memory, and if administration is continued, it will sharpen your senses until you can both see and hear the spirit world, and in that way, you will be invited into the true and invisible Order of the Rosicrucians. But a word of caution: i do no have enough experience with this Alkahest to know the dosage. The original manuscript says only to take five drops, and does not say if this is to be a single dose, or if you should continue ingestion. other alchemy manuscripts say that if you take a single drop each day in a small glass of wine, after one month you will be able to see and hear elemental spirits.

## The Stone

- To make the *Philosopher's Stone* from this most blessed and holy salt water, all one need do is dissolve fine gold or silver leaf in the water warmed up to a gentle heat, and it dissolves without violence, and without release of gasses which proves this is no chemical reaction taking place, and after four days, filter the soloution so the remaining undissolved metal is left behind.
- Set it in Balneo Mary to putrefy, and treat it as you did before, doing the same simple process of the Balneo Mary bath and the coagulations in the dry sand bath. After each digestion in Balneo Mary then coagulation in the sand bath, the stone is multiplied. And after the fifth cycle, it will begin to literally glow and emit its own light. The stone from gold will glow like a hot coal, and the one from silver will shine like the moon. If you attempt to bring it further into the sixth or seventh multiplications, it will penetrate the glass, causing a terrible poisonous gas odor. If you intent to bring it even further, you must use a quartz glass.

## **Tips**

Edit

You can collect the morning dew by simply placing a bag of ice in a bucket or pitcher around 1AM and bringing it back inside around 5AM. This will give you at least 50ml per night. Do not collect the dew by dragging a canvas cloth along the grass, because you can not distill the dew to putrefy it; it needs to be used raw for this process to work. The same holds true for the sea salt. It can be cleansed by water washes only, and then allowed to sun dry.

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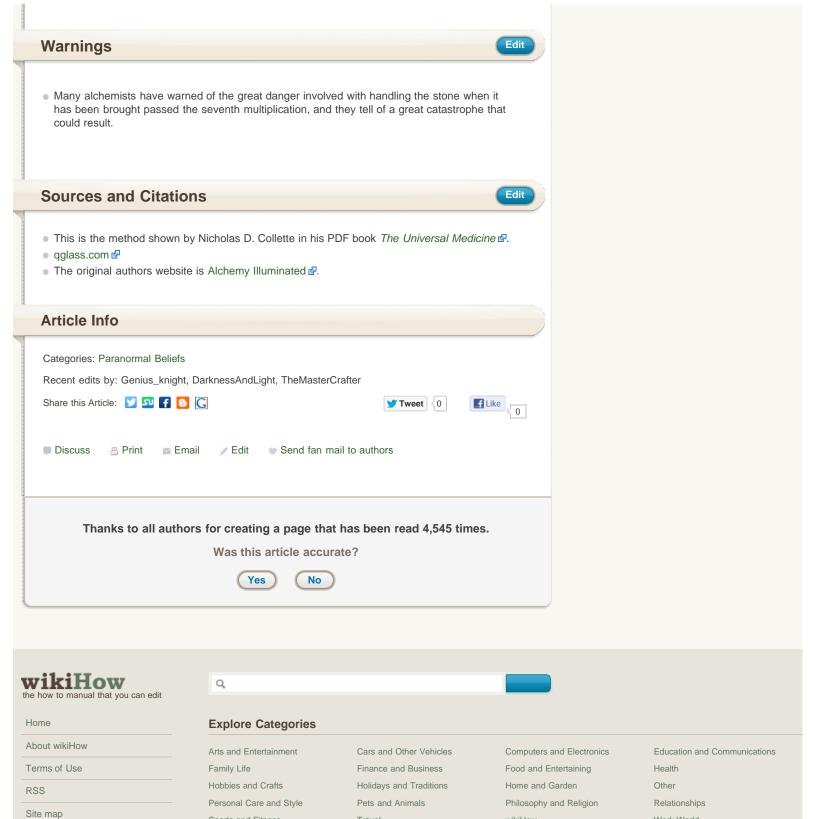












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